A Message from The Apples Medical Centre, Sherborne

## CORONAVIRUS INFORMATION UPDATE 18th MARCH

When you attend the surgery please ring the doorbell and a member of staff will open the door and ask to take your temperature.

If you have an appointment you will be asked to wait in the car (if you drove to the surgery) or if not, then to wait on the bench in the porch and the clinician will then come and get you.

We have decided to take this approach to try to limit our footfall and the number of patients in the surgery, our aim is to keep everyone as safe as possible from the risk of Coronavirus.

Government guidance has now changed, anyone with a new persistent cough and or a high temperature (37.8 degrees centigrade or higher) should self-isolate for $\mathbf{7}$ or 14 days from the onset of symptoms.

You no longer need to contact NHS 111 unless your symptoms deteriorate. (https://111.nhs.uk/service/covid-19)

If you have a non-urgent query please consider using our e-Consult method via our website www.sherborneapples.co.uk
This can be used to upload pictures of rashes etc.

We will be concentrating on the most important types of care. This means we may not be able to do all usual non-essential work such as Ear Syringing, Minor Operations and non-essential bloods tests.

Routine Asthma, Diabetes and COPD reviews will be conducted over the telephone with a clinician where possible.

These changes are intended to reduce the spread of Coronavirus infection and help us deliver the most essential health care over the coming months.

Please pass on to your friends and family who are not on social media

Thank You
Philippa Cannings
Practice Manager

